

**GORE-TEX®** fabrics

W.L. Gore & Associates Inc.

**DYNAMONUS**

Tony Industries Inc.



Carrington Novare



W.L. Gore & Associates Inc.

**'Dura-Grip'**

Terra Nova Equipment Ltd

**extremities™**

Terra Nova Equipment Ltd

**ECO Fleece**

Dyersburg Fabric Inc.



micro

Du Pont Ltd.

**Cordura**

Du Pont Ltd.

**Kevlar**

Du Pont Ltd.

TERRA



NOVA  
EQUIPMENT

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THE FOLLOWING STORES HAVE A WIDE SELECTION OF EXTREMITIES  
PRODUCTS. PLEASE CALL FIRST IF YOU REQUIRE A PARTICULAR ITEM:

|                            |                      |               |
|----------------------------|----------------------|---------------|
| Nick Estcourt              | Altrincham           | 0161 928 6613 |
| The Climbers Shop Ltd      | Ambleside            | 015394 32297  |
| Peglers                    | Arundel              | 01243 814427  |
| Ellis Brighams             | Aviemore             | 01479 810175  |
| The Beaten Track           | Belfast              | 01232 236016  |
| Climber & Rambler          | Betws y Coed         | 01690 710631  |
| Snow & Rock                | Birmingham           | 0121 236 8280 |
| Allan Austin               | Bradford             | 01274 728684  |
| Braemar Nordic Ski         | Braemar              | 01397 41242   |
| Field & Trek               | Brentwood            | 01277 222230  |
| Quip U For Leisure         | Bristol              | 0117 955 8054 |
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| Ellis Brighams             | Chester              | 01244 318311  |
| Wilderness Ways            | Chesterfield         | 01246 201437  |
| Field & Trek               | Croydon              | 0181 680 8798 |
| Derby Mountain Centre      | Derby                | 01332 365650  |
| DMC Doncaster              | Doncaster            | 01302 341750  |
| Nevisport                  | Edinburgh            | 0131 229 1197 |
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| Moorland Rambler           | Exeter               | 01392 432681  |
| Nevisport                  | Fort William         | 01397 704921  |
| West Coast Outdoor Leisure | Fort William         | 01397 705777  |
| Ellis Brighams             | Fort William         | 01397 706220  |
| Nevisport                  | Glasgow              | 0141 332 4814 |
| Field & Trek               | Gloucester           | 01452 411549  |
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| Outdoor Pursuits           | Lancaster            | 01524 843663  |
| Wilderness Ways            | Leeds                | 01132 444715  |
| Canyon Mountain Sports     | Leicester            | 0116 2557957  |
| Ellis Brighams             | Liverpool            | 0151 709 6912 |
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| Ellis Brighams             | London               | 0171 240 9577 |
| K2                         | London Covent Garden | 0171 379 3793 |
| Snow & Rock                | London Holborn       | 0171 831 6900 |
| Snow & Rock                | London Kensington    | 0171 937 0872 |
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| Wild Track                 | Newcastle upon Tyne  | 0191 261 8582 |
| L D Mountain Centre        | Newcastle upon Tyne  | 0191 232 3561 |
| White & Bishop             | Northampton          | 01604 230901  |
| Norwich Camping            | Norwich              | 01603 615525  |
| Wilderness Ways            | Nottingham           | 0115 9503455  |
| Castle Mountain & Moor     | Nottingham           | 01159 414059  |
| Mountain Man               | Perth                | 01738 632368  |
| Foothills                  | Sheffield            | 01142 586228  |
| Outside                    | Sheffield            | 01142 797427  |
| Field & Trek               | Slough               | 01753 554252  |
| Culverhouse                | St Albans            | 01727 835777  |
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| Mountain High              | Wakefield            | 01924 298219  |
| Adventure Centre           | Warrington           | 01925 411385  |
| Culverhouse                | Watford              | 01923 252805  |
| Wilderness Ways            | York                 | 01904 639567  |

**extremities™**  
CLOTHING

**HEAD - HAND - FOOT PROTECTION**

**WALKING - SKIING - MOUNTAINEERING - CLIMBING - BIKING**



The 'Extremities' range was introduced five years ago to fill a gap in the market. Some outdoor companies were making good clothing, but no-one was designing a dedicated range of accessories that protected the extremities of the body in the worst possible conditions.

Over the last few years we have equipped expeditions to just about all the harshest places on the planet. Last year alone

Extremities products were used on trips to Everest, K2, Nanda Devi, Ellesmere Island, Patagonia, Mount Elbrus, Mount McKinley and, of course, Ben Nevis. Out of this wide experience have come design classics like the Mountain Mitts and Mountain Toesters, each recognised as the best of their type.

All of the products in this catalogue are designed to provide the

optimum level of comfort and protection for their function, and many can be used across a wide variety of activities. We recommend using a layering system for the best performance and greatest comfort.

If you have any queries about the products in this catalogue please consult your local dealer, or call us on 01773 833300



## HAND PROTECTION

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## extremities GUARANTEE

Terra Nova Equipment Ltd guarantees all Extremities products to the original owner for one year against defects in workmanship and materials.

If a product fails due to a defect in manufacturing or workmanship we will repair the product without charge, or replace it, at our discretion. This guarantee is in addition to your statutory rights which remain unaffected.

When returning a product you should endeavour to return it through the retailer from whom you purchased it. In the event of difficulty please return it directly to us with proof of purchase details.

## WATERPROOF MITTS

Waterproof outer shells are more often thought of as an evil necessity rather than as a favourite product. This is largely because most mitts are too bulky and fit too badly to allow any sort of easy movement. Our mitts have design features that help to overcome these problems:

**ANATOMICAL CURVE**  
The patterns are constructed to follow the shape of the hand, resulting in better fit, less loose palm fabric and reduced fatigue when gripping ice axes and ski/walking poles over long periods.

**'BOX' THUMB**  
This design provides a comfortable fit in a fully taped construction on

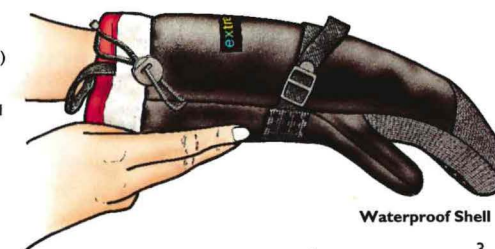
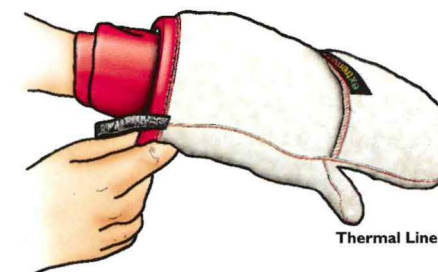
Mountain Mitts and Winter Mitts.

**REMOVABLE LINERS**  
These allow for variations in the number of layers, depending on the weather, and for ease of drying.

**'ONE HAND' ADJUSTERS**  
Straps at the wrist and cuff allow the hand to be firmly held in the mitt to prevent slipping, keep out snow and rain, and are designed to be tensioned with either one hand or, when necessary, with your teeth!

**SECURITY LOOPS**  
These allow easy attachment to jackets (or arms) when in use, so that you can't lose them at critical moments - and provide hanging points for drying them after a strenuous day out.

### LAYERING SYSTEM







## WINTER MITTS

The reason that Winter Mitts are so popular is that we build in all the comfort and design technology of Mountain Mitts, but in a lighter weight fabric. Using Tactel Cyclone, a waterproof/breathable fabric, they are not as rugged as Mountain Mitts and are designed for cold and wet weather walkers rather than mountaineers.

### SIZES:

S, M, L, XL

COLOURS: Royal Blue

Winter Mitts also feature:

- Anatomical curve for optimum fit.
- Fully seam-sealed construction.
- Removable fleece/pile liner.
- 'One hand' wrist tensioner and cuff closure.

The 'Anatomical Curve' of Winter Mitts follows the shape of the hand, resulting in a better fit.

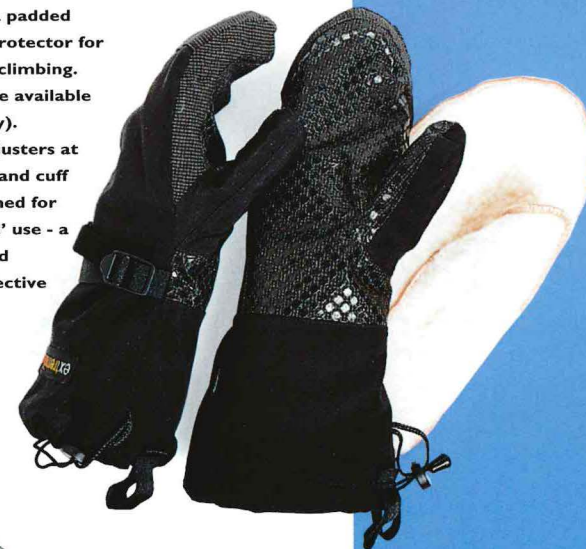
## MOUNTAIN MITTS

These are the toughest mountain and expedition mitts available. In addition to the 'standard' features, Mountain Mitts incorporate a whole host of technical features and fabrics: Mountain Mitts also feature:

- Fully seam-sealed construction.
- Outer shell of tough 3-layer 'Milano Gore-Tex' 'Guaranteed to keep you dry'.
- The palm and fingertips are constructed from our unique 3-layer 'Kevlar' reinforced fabric, for maximum abrasion resistance.
- The palm also features our unique 'Dura-Grip' dots for maximum gripping power.
- The removable

'Technical Inner Mitt' features a padded knuckle protector for steep ice climbing. (These are available separately).

- The adjusters at the wrist and cuff are designed for 'one-hand' use - a simple and highly effective system.



SIZES: S, M, L, XL

COLOURS: Black/Black



The 'Box' thumb construction and unique 'Dura-Grip' palm give Mountain Mitts maximum gripping power.



## THERMAL GLOVES

Within a layered protection system, the base layer needs to perform certain functions; it should fit snugly, be light, comfortable, durable and fast drying. All our thermal gloves are designed to provide these benefits. We use a blend of Meraklon Polypropylene and Lycra for the Thinnys for the closest fit, and a stretchy 100% Meraklon Polypropylene for the Thickys, Stickys and Fingerless Stickys.

Polypropylene is not particularly windproof, but it does provide excellent warmth as a liner and dries very quickly when used as an outer.

Our Windstopper gloves provide the most advanced level of performance. They provide the windproof protection of over mitts and the thermal warmth of fleece. This makes them ideal as outer gloves for strenuous cold weather activities, such as winter walking and ski touring, and makes them more versatile than standard thermal gloves.

All these gloves can be used as base layers under Winter Mitts and Mountain Mitts providing maximum warmth with the minimum of bulk.



### THINNY GLOVES

Thinny's provide the perfect first line of defence against the cold. They can be easily layered under any other glove because of the snug fit, or can be used alone for running and walking in cool weather. The fabric composition is 84% Meraklon Polypropylene and 16% Lycra.

SIZES: ONE  
COLOURS:

Red

Black

Navy

Blue

Green

## THICKY, STICKY THICKY AND FINGERLESS STICKY GLOVES

The combination of a 100% Meraklon Polypropylene fabric for the hand, a Polypropylene/Lycra mix for the extended cuff and a box finger construction for the fingers make these the best fitting and warmest gloves available. The tightly woven outer and lightly brushed inner also make them a pleasure to wear, even when wet!

Sticky Thickys are the same as Thickys, but have the added benefit of our "Dura-Grip" palm, making them better suited for technical use with walking/ski poles and ice axes. Fingerless Stickys are made as Stickys and then cropped and overlocked for people who want both grip and finger fiddling dexterity.

All these gloves have been re-sized to provide an even better fit.

Thicky

Sticky

Fingerless

SIZES S, M, L

COLOURS

Red

Black

Navy

Red

Black

Navy

Black



HAND PROTECTION



## GUIDE GLOVES

These new gloves for Winter '95 are the result of watching mountain guides at work. In the Alps many guides wear all-leather gloves, giving them durability and dexterity, but at the cost of warmth and breathability. As a result we developed the Guide Glove. These feature a waterproofed and Scotchguarded leather palm, a Gore Windstopper fleece back and a Polypropylene lining. This combination provides a warm, tough and flexible glove that can be used just about anywhere, from ski-touring in the Alps to scrambling in the Lakes.

Guide Gloves also feature:

- **Wrist tensioner strap for secure fit.**
- **Extended cuff to keep out snow.**
- **Covered seams for comfortable fit.**

**SIZES:** S, M, L  
**COLOURS:**  
Navy Fleece/  
Brown Leather



## WINDY AND STICKY WINDY GLOVES

Utilising W L Gore's 3 Layer Windstopper fleece fabric, these gloves are warm and completely windproof. The windproof layer is sandwiched between two layers of fleece, generating a warm micro-climate next to the skin. (We have cut the pattern of these gloves slightly larger than Stickys and Thickys. This allows air to be trapped between the hand and the windproof membrane, trapping extra warmth.) The breathability of the windproof membrane, however, stops your hands getting too hot, making them ideal for use as either outer gloves or as liners for waterproof shells.

Sticky Windys are identical to Windys but with the added benefit of our unique "DuraGrip" palm.

Windys and Sticky Windys also feature:

- **Box construction fingers for comfortable fit.**
- **Extended cuff to keep out the wind and snow.**
- **Elasticated wrist for secure fit.**



**SIZES:** S, M, L  
**COLOURS:**  
Navy

Black



## HEAD PROTECTION



Stopping heat loss through the head has long been recognised as a key element of winter layering. We make hats in two formats; a lightweight fleece for warmth with maximum breathability and the Ice Cap, for people who want warmth and waterproofness without having to resort to a jacket hood.

All the fleece we use, including the Ice Cap lining, is ECO fleece from Dyersburg Fabrics, the world's leading producer of recycled fleece. ECO fleece is made from 89% Fortrel Ecospun, derived from re-cycling plastic soda bottles, and 11% Fortrel Polyester. It produces a fabric that is warm, fast drying, low pill, comfortable and environmentally friendly. It also makes great headwear.

The Ice Cap features:

Velcro adjustable size strap at the back.

Fully taped seams.

Secure attachment loop.

Adjustable chin straps that can be fastened out of the way over the head - or fastened under the chin for a securer fit.

A stiffened peak.

**SIZES:** S, M, L

**COLOURS:**

Aztec Blue Shell, Heather Grey ECO Fleece.

### ICE CAP

The Ice Cap is designed for use in very cold and very wet weather. The ripstop 'Gore-Tex' outer shell is fully seam-sealed, providing complete waterproofness with a high degree of breathability. The ECO fleece lining combines a high degree of warmth with excellent wicking characteristics, keeping your head warm and dry.

### TOOK

A simple contoured hat that can be worn comfortably under helmets or hoods - unlike some 'envelope' shape hats. It features a double layer of fleece over the ears - where the extra warmth is really needed!



### NECK GAITER

A versatile and effective design that seals up the gap between jacket and chin on cold days, or can be converted into a hat if you leave your Took at home. Complete with Lycra bound edging and adjustable shockcord.



### SCARF

A single layer of edge sewn ECO Fleece for sealing out draughts. Cut longer than usual to provide a snug fit.



### SKUNK

A variation on the Took - contoured to fit the head but with a triple roll up of fabric over the ears.



### HEADBAND

Two layers of ECO Fleece with a large velcro patch at the rear for a comfortable fit over the ears - but not the eyes.



### COSMONAUT

For those who get cold ears, this hat features patches of windproof fabric on each side. Great for wearing under climbing helmets.



**SIZES:** One Size

**COLOURS:**

Heather Grey Ink Blue Red Hot Purple Hunter Green



## FOOT PROTECTION

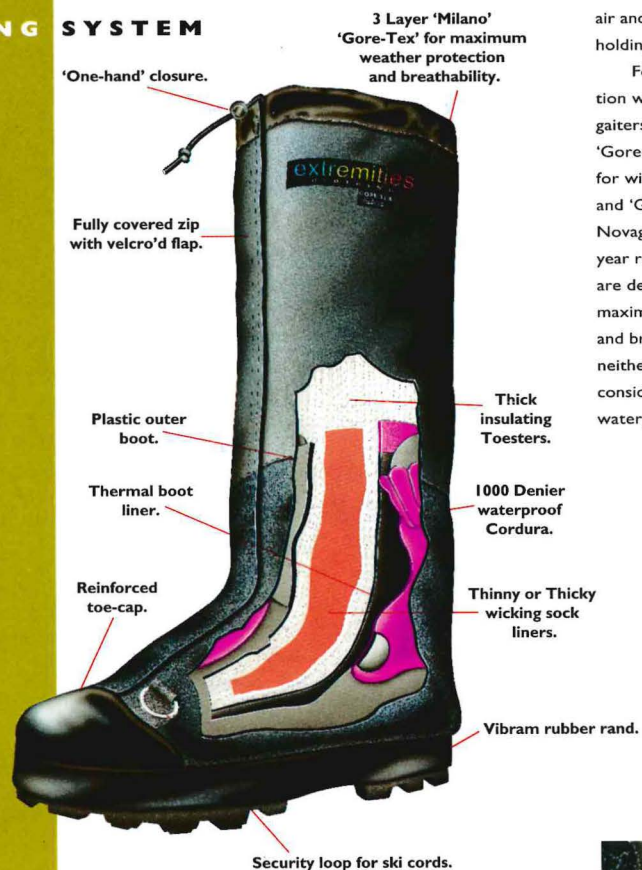
This category falls naturally into two sections, thermal protection for inside your boots and weather protection for outside your boots.

Toes, like fingers, can suffer greatly in the cold if not well protected. Experiences on some of the coldest mountains in the world have led us to produce a layered sock system that is designed to keep your feet both dry and warm. Our wicking socks liners are designed to be worn under thicker

insulating socks that trap air and act as reservoirs for holding excess moisture.

For over-boot protection we make 2 styles of gaiters, fully rubber randed 'Gore-Tex' Terragaiters for winter mountaineering and 'Gore-Tex' Novagaiters for all year round use. Both are designed for maximum protection and breathability but neither should be considered completely waterproof.

## LAYERING SYSTEM



## NOVAGAITERS

Novagaiters are designed for year-round use on leather or plastic boots. The upper leg is constructed from the same 3 layer Milano 'Gore-Tex' as our Mountain Mitts, for waterproofness and breathability, while the lower leg is made from 1000 denier waterproofed Cordura, for maximum toughness.

The heavy duty YKK front opening zip provides ease of access and a comfortable fit, and is

backed up with a full velcro cover. The cuff has an off-set 'one hand' drawcord closure while the ankle has a light elasticsation for keeping out the mud and snow. To provide a secure fit there is a highly durable adjustable neoprene strap under the arch and a rivetted brass hook for the toe of the boot. Finally, all the internal seams are bound, to provide the most durable construction.



**SIZES:** S/M, L/XL  
**COLOURS:** Black/Black



## TERRAGAITERS

Terragaiters are our new improved version the classic Tundragaiters. They are built to the same high specification as Novagaiters but with the addition of a Vibram rubber rand and a heavy duty nylon toe piece. The rubber rand provides a tight seal against snow and water ingress and

often works best if glued in place. The new toe-cap is a PU coated nylon that has significantly improved abrasion resistance.

These gaiters are designed for use with plastic mountaineering boots and some ski-touring leather boots. Check with your retailer for advice on the latter.

**SIZES:** S, M, L, XL  
(Fit as tightly as possible)  
**COLOURS:** Black/Black



## FOOT PROTECTION

### THINNY SOCKS

Thinny and Thick socks are designed to work as base layers, wicking moisture away from the foot for greater comfort.

Thinny socks are made from an advanced Tactel Micro-yarn that feels like silk. The three channel construction of the yarn allows the maximum amount of moisture to pass through, while the fineness of the fabric reduces the amount of moisture it can hold. Along with a Y shaped heel and a hand-linked toe-seam for superb comfort, Thinny's have a simple elasticated cuff to minimise bulk. These socks are ideal for all year round wear and can greatly increase foot comfort.

**SIZES:** 4-7, 7 1/2-11

**COLOURS:**  
Navy



### THICKY SOCKS

Thicky Socks are a specific cold weather version of Thinny socks. The 100% Meraklon Polypropylene fabric used in Thickys provides considerably more warmth than Thinny socks but with a similar wicking capacity. Being designed for cold weather use Thick socks come higher up the ankle than Thinny's and have a special elasticated section to prevent them slipping down inside the outer socks. These work well in winter with Toesters.

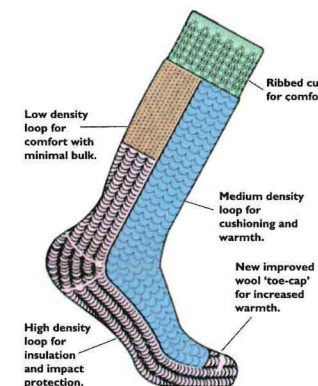
**SIZES:** 4-7, 7 1/2-11

**COLOURS:**  
Navy Red



### MOUNTAIN TOESTERS

Mountain Toesters were born out of a need for hard-wearing, warm and fast drying socks for high altitude and expedition use. Designed originally for use with plastic mountaineering boots, where maximum warmth is critical, they have also become the first choice of skiers and winter walkers. The triple density Merino wool/Polypropylene loop-stitch padding provides the optimum blend of comfort, warmth and durability.



**SIZES:**

Small: 4 - 7

Medium: 7 1/2 - 9 1/2

Large: 10 - 12

Knee or Calf lengths

**COLOUR:**

Oatmeal

### WINTER TOESTERS

Constructed from the same Merino wool/Polypropylene yarns as the Mountain versions, Winter Toesters have a single density loop-stitch construction throughout. This gives them the same wicking and durability characteristics but with slightly less warmth than Mountain Toesters making them the perfect walking socks, for autumn, winter and spring.

**SIZES:**

Small: 4 - 7

Medium: 7 1/2 - 9 1/2

Large: 10 - 12

Calf length Only

**COLOUR:**

Green Marl

Blue Marl

